

Darlene L. Brooks Hedstrom, *Cooking, Baking, and Serving: A Window into the Kitchen of Egyptian Monastic Households and the Archaeology of Cooking*.

Louise Blanke & Jennifer Cromwell (edd.), *Monastic Economies in Late Antique Egypt and Palestine* (Cambridge, 2023) pp. 152-180, figg.

The Benefits of Ethnohistory and Household Archaeology. - Diverse Sources for Early Monastic Cooking. - The Physical Remains of Egyptian Monastic Kitchens. - Conclusion.

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