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Dimitris Roumpekas, Eggs in Graeco-Roman Egypt: food, medicine, ritual.

Electra Apostola & Christos Kekes (edd.), Current Research in Egyptology 2021. Proceedings of the Twenty-First Annual Symposium, University of the Aegean, 9-16 May 2021 (Oxford, 2022) pp. 203-213.

https://www.archaeopress.com/Archaeopress/Products/9781803273761

Introductory notes. - Eggs as food: species, qualities, prices, and ways of cooking. - Eggs consumed in special circumstances. - Eggs as medicine in Graeco-Roman and Late Antique Egypt. - Eggs in ritual. - Conclusions.

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